



THE SCHOOL DISTRICT OF  
PALM BEACH COUNTY, FLORIDA

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August 17, 2012  
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**Action By:**  
September 1, 2012

Contact Person:  
Kim Sandmaier, Wellness Coordinator  
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TO: All Principals and Department Heads

FROM: Janis Andrews, Ed.D. *J.A.*  
Chief Academic Officer

Michael J. Burke *MJB*  
Chief Operating Officer

**SUBJECT: WELLNESS CHAMPION PROGRAM 2012-2013**

A **Wellness Champion** is a staff member with a commitment and passion to health. This individual volunteers to serve as a school/department ambassador for the Employee Wellness Program. Wellness Champions receive recognition, incentive prizes, professional development, and are eligible for a **\$500** honorarium. They share information, engage friends and colleagues to participate in wellness programs and serve a key role as messengers and motivators for leading a healthy lifestyle. While the focus is to promote the health and well-being of district staff through education, behavior modification, guidance and support, the program also produces good role models for the students while supporting high student academic achievement.

Wellness Champions are vital to the success of Employee Wellness and have several options to provide great wellness programs for their location. Our goal is to have a representative at every school or department, and we are well on our way with **180 Wellness Champions**.

Please designate a representative from your school/department who is willing and excited to serve as a Wellness Champion. Wellness Champions will be invited to participate in Meet & Greet Events during September to learn more about this year's program. Please have your Wellness Champion register on the **TrainU Learning System**, course *Wellness Champion Programs FY 2012-2013* by **September 1, 2012**. To access the course, sign on to TrainU with the following link: <http://trainu.palmbeach.k12.fl.us/course?id=1612>

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“Home of Florida’s first LEED Gold Certified School”  
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*The School District of Palm Beach County is an Equal Education Opportunity Provider and Employer*

We are excited about the opportunity to promote wellness and partner with you this school year. Thank you for considering this opportunity. We appreciate your support of the Employee Wellness Program and look forward to working with your Wellness Champion!

EWG/JA/MB/DLH/KBS



Approved: \_\_\_\_\_  
E. Wayne Gent, Superintendent